

A SPECIAL THANK YOU TO OUR ADVERTISERS

We have some wonderful businesses and individuals who have come forward to support us by placing an ad. Thank you so much for your kind support. Because of you, we are able to distribute this publication to every household in our community.

Join the businesses of
South Osborne during the 5th Annual

Come see our new market featuring fresh produce, food trucks, crafters and more at the Fort Rouge Leisure Centre, 625 Osborne St, and up and down Osborne Street!


Follow us
on Facebook
for more
information



BUSINESS IMPROVEMENT ZONE

SOUTH OSBORNE SUMMER SIDEWALK FESTIVAL

AUG 29th, 12-5pm



**Building
Community**

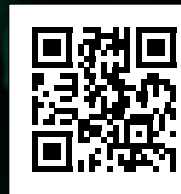
James Allum
MLA for For Garry-Riverview
204-475-2270 | JamesAllum.ca

*Remember if your home is showing
that you are on a No Flyer List, you
may not get our Newsletter!*

*If your home is skipped, please
note you can pick up your free
newsletter at the club. Thank you!*

LORD ROBERTS COMMUNITY CENTRE

NEWSLETTER • FALL 2015



725 Kylemore Ave. • Phone: 204-452-9744
Email: lordrobertscc725@shaw.ca • Website: www.lordrobertscc.ca
Facebook: facebook.com/LordRobertsCC



535 Osborne Street
204-284-1212
clubhousepizza.ca

Pick Up and Delivery

PICK 3 \$36.99
Pick any 3 of the following items
1 large 3 topping pizza
15 wings
18 potato wedges
9 pieces chicken
6 chicken fingers
5 veggie samosas
PLUS: 1 FREE ADD ON*

PICK UP SPECIAL
2 topping
1 SMALL - \$6
1 MEDIUM - \$8
1 LARGE - \$10
1 X-LARGE - \$12

10 PIECE CHICKEN \$26.99
White and Dark Meat
20 potato wedges
2 ranch dressings
1 FREE ADD ON

ONE XL PIZZA \$16.99
3-TOPPING FOR
ADD 2ND FOR \$10.99

THE BEST! TANDOORI, HALAL AND BUTTER CHICKEN AVAILABLE

5 PIECE CHICKEN \$8.99 **12 CHICKEN WINGS \$7.99**

Jim Carr
Federal Liberal Candidate
for Winnipeg South Centre

A Strong Voice

204.294.4336
jimcarr@liberal.ca
jimcarr_wpg
jim.carr.lib
jimcarr.liberal.ca



Liberal
Authorized by the official agent for Jim Carr



Winnipeg
PROUD TO BE WORKING FOR OUR COMMUNITY

JENNY GERBASI



CITY COUNCILLOR
FORT ROUGE-EAST FORT GARRY
204-986-5878 • jgerbasi@winnipeg.ca
www.jennygerbasi.ca

YOUR AD HERE?

Do you own a business in the area? Do you know someone who may benefit from advertising here? This publication is mailed directly to every house (and many apartments) in the catchment of Lord Roberts Community Centre. If you are interested in placing an ad for the Fall 2015 issue, call Terry at 204-292-9678 or email her at terrywir@shaw.ca

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This publication has been produced by Write It Right
Project Manager Terry Samborski

LORD ROBERTS COMMUNITY CENTRE
725 Kylemore Ave.
Phone: 204-452-9744
General email: lordrobertscc725@shaw.ca
Web: www.lordrobertscc.ca
facebook.com/LordRobertsCC

General Opening Hours:
Monday-Thursday: 6-9 PM
Saturday 8 AM - 9 PM, Sunday 1 - 6 PM
(while the ice is in)

Smart phone users can scan the code on the front of the newsletter and be automatically directed to Lord Roberts Community Centre's website.

REGISTRATION

AUTUMN SPORTS AND PROGRAM REGISTRATION WILL BE HELD:
TUESDAY, SEPTEMBER 8TH, 6:00 – 9:00 P.M. AT LRCC
THURSDAY, SEPTEMBER 10TH, 3:00 – 5:00 P.M. AT LR SCHOOL
SATURDAY, SEPTEMBER 12TH, 10:00 A.M. – 2:00 P.M. AT LRCC

SUBSIDIES

Don't let cost stop you from participating. Support towards program registration fees is available. Applications and details are available at the centre, or bring your Revenue Canada Notice of Assessment to registration.

A NOTE FROM YOUR BOARD OF DIRECTORS

Hi neighbours! I hope that you had a great summer and are just as excited about fall and winter as I am (seriously). Sure, Winnipeg summers are awesome, and fall and winter can be tough, but there are tons of opportunities for fun here at the club and in our neighbourhood!

This fall, we invite you to get more involved at your community centre by participating in our programming and getting to know your club. It's never too late to try something new: Taekwondo? Medieval sword fighting? Spongee? Yup, you read that right. We strive to provide programming for all. From yoga and pilates to drop in basketball, there are all sorts of activities to join. This newsletter will help make sure you are in the loop (as does liking our Facebook page).

One of the things that the LRCC Board of Directors worked on this summer is the Lord Roberts Community Party! On Saturday, October 3, we will be hosting a block party the likes of which we haven't seen in years. Activities, music, games, and of course a few beers with friends and neighbours! Mark your calendar now, as we want the whole neighbourhood to be able to join us.

And of course, we are always looking for new volunteers who care about our community. With programs like Parents and Tots, Lighthouse Afterschool Program, and the South Osborne Bike Hub, we are always looking for folks who would like to help out. Volunteers coordinate most of our programming, and we couldn't do it without them. Three cheers for the volunteers! Hip hip...

If there is a program that you'd like to see at the centre, and you are willing to put in a little effort, we'd love to work with you to make it happen. Contact LRCC at lordrobertscc725@shaw.ca or shoot me an email at jaretolford@gmail.com!

See you at the club,
Jaret Olford, *President*



BLOCK PARTY!

Date: October 3
Time: Noon till Midnight

Join us for games, live music, food and more... Mark your calendars and check our website and Facebook page!

VOLUNTEERS!

The centre can't run without volunteers. This is the chance to try something new and different, meet people, contribute to the community and gain experience. There are all sorts of opportunities: in the canteen, on the Board of Directors, coaching, at events and more. Please contact the centre!

HALL RENTAL

Rent the hall at LRCC. Have a great event and support your community centre!

- Hall holds 233 people
- Available for socials (bartenders included), and non-alcohol events

For more info, or to book, contact us by phone or email us at lrcr.rentals@shaw.ca

PROGRAMS – YOUTH

Fall/Winter Sports Programs (see previous page)

BASKETBALL

Register through the Riverview Community Centre website: www.riverviewcc.ca

BUILD A BIKE

A free program through the South Osborne Bike Hub. Youths 12 to 18 earn volunteer hours helping fix bikes and work their way through the necessary skills to build their own bicycle.

LIGHTHOUSES AFTER SCHOOL DROP-IN

After-school activities out of the cold (Ages 6 -12)! Ongoing, drop-

in. Monday to Friday, 3:30 to 6 p.m. Supervised crafts and games, help with homework, and a healthy snack are offered. Children may also participate in special programming such as cooking classes, Art Club, or music workshops, offered at various times. There is also an opportunity to be on the Youth Steering Committee in order to help develop programs and special events.

YOUTH LOUNGE

Teens: hang out with friends in a fun and safe environment! Ongoing, drop-in. Monday to Thursday, 6 to 9 p.m. The downstairs Youth Lounge is open for pool, table tennis and organized activities, supervised by City of Winnipeg youth workers.

CHILDREN'S DANCE

A mix of creative movement, ballet and modern dance.

Classes for ages 3 to 5 and 6 to 8. Sessions in the Dance Studio. \$55 per child for 8 classes.

PROGRAMS – ALL AGES TAEKWONDO

Build strength, flexibility and discipline (Ages 8 and up). Tuesdays & Thursdays, 6:30 to 8:30 p.m. in the gym. Ongoing, join any time. Contact Master Todd Armstrong, instructor, for further information, at 204-475-6430. Registration fee is \$20 per month.

BIKE HUB

Get help with your own bike, or build one! Ongoing drop-in (until the snow sets in): Monday & Thursday, 6 to 9 p.m. LRCC is proud to host the South Osborne Bike Hub, our local

bike workshop, which exists to help community members fix their bikes, and to provide parts and bikes to those who need them. For updates, visit us on the web at sobikehub.ca or on Facebook. The Bike Hub welcomes donations of bikes, tools and parts, and most importantly, your time! Contact us at sobikehub@gmail.com to get involved.

ACTIVITY DROP-IN

Drop in for various activities, including sports! Ongoing: 6 to 9 p.m. Monday to Thursday, and Saturday 8 a.m. to 9 p.m., Sunday 1 to 6 p.m. while the ice is in. The centre is open for you, with activities in the gym when available, including City of Winnipeg SPIN (Sports in Inner City Neighbourhoods) programming such as indoor soccer, floor hockey and more. Like us on Facebook, check our website, or contact us to find out what's coming up!

PROGRAMS – PARENTS WITH YOUNG CHILDREN

KIDS AT PLAY

Get the little ones together for some activities – with a snack! (Parents & preschoolers.) Ongoing, drop-in. Wednesdays, 9:30 to 11:30 a.m. in the gym. Offered by Families Forward. This is a free drop-in with some structured activities, and a snack provided.

PARENTS AND TOTS

Get out and burn some of that inexhaustible energy! (parents &

preschoolers) Ongoing, drop-in. Mondays 9:15 to 11:15 a.m. & Fridays 1:15 to 3:15 p.m. in the gym. Free play with toys, shared snack and a great opportunity to socialize for both the parents and children.

HEALTHY BABY

Get connected and learn! (Expectant moms and parents with babes up to one year-old.) Ongoing, drop-in. Tuesdays, 9:45 to 11:45 a.m. in the gym. Many activities are offered including speakers, cooking, child development, parenting programs and more. Healthy snacks, bus tickets and milk coupons, as well as free child

care while attending and opportunities to connect with health-care service providers and other parents in the neighbourhood. For more info, call 947-2422, ext. 113. Drop-in, no registration required.

PROGRAMS – ADULT

HISTORICAL FENCING

Learn to fight like a knight! Ongoing, join any time. Wednesdays, 9 to 10:30 p.m. in the gym. Learn the art of longsword and messer in the 15th century German tradition. Adult class—older teens accepted with instructor discretion and

parental permission. Instructor is Cody Skillen. Registration fee: \$60 per month or \$20 drop-in. Call 204-918-7588 for more information.

YOGA AND PILATES

Certified fitness instructor Sonia Lemoine will lead a yoga class and a pilates class. Schedule and more details TBA. Check our Facebook page for more information.

DROP-IN ADULT BASKETBALL

Shoot some hoops! Ongoing, drop-in: Mondays 8 to 10 p.m., in the gym. Nominal drop-in fee.

LRCC BOARD OF DIRECTORS

Jaret Olford
President

Bob Suggitt
Past President, Hockey Convenor

David Woods
1st VP & HR Manager

Joel Trenaman
2nd VP & Communications Manager

Calder Thorsteinsson
3rd VP

Anne Lindsey
Treasurer

Leif Larsen
Secretary

Kim Thorsteinsson
Canteen Manager, Special Events Coordinator

Kim McKeever
Soccer Convenor

Brad Downie
Member-at-large

Jennefer Larsen
Member-at-large

Sara Tereck
Member-at-large

Sean and Shoni Madden
Bike Hub Coordinators

Vacant
Programs Manager





IMPROVING CHILD SAFETY

By Joel Trenaman

You've probably seen the familiar red and white signs in a neighbour's window, but have you ever thought of becoming a Block Parent? Melanie Schenkeveld, Coordinator for the Lord Roberts area of the 47-year old Canadian program, says it's easy way to

help the community—and the need is great.

Block parents volunteer to make their homes safe havens for children and others in case of emergencies. The goal is that when kids see the sign it gives them somewhere to turn in case of an accident or safety concern. Parents generally contact authorities, and are not expected to give medical attention or intervene in dangerous situations.

Schenkeveld says that Lord Roberts needs more volunteers to raise awareness that

the area is a Block Parent community. She emphasizes that the commitment can be as little as a few hours per week, displaying the sign when at home and available. There are no meetings or costs to bear. To become a block parent, those interested must apply for free, private criminal record and child abuse registry checks.

Contact the Block Parent program or coordinator Melanie Schenkeveld if you would like to contribute to a safer, more friendly neighbourhood. mvschenkeveld@gmail.com

COMMUNITY CORNER

COMMUNITY GARDEN: A PLACE TO GROW

Come together and learn about permaculture at the Lord Roberts Intergenerational Gardens along Argue Street (beside the community centre). For more information on how to get involved in Sustainable South Osborne Community Co-op's bi-weekly Garden Club, check out www.southosbornecommons.ca

CHILDREN'S PROGRAMMING

familiesforward will be hosting a family resource fair on the morning of Saturday, Sept. 12. The event features community group booths promoting programs for families with children ages 0-6 years. If you have any questions about this event please contact Shannon Struck at ffcoalition@hotmail.com or 204-771-0956. Families-forward.com.

SCOUTING

Churchill Park United Church hosts scouting programs on Wednesdays in the fall. Beavers (ages 5-7) 6:30-7:30, Cubs (8-10) 6:30-8:00, Scouts (11-14) 7:00-9:00, Ventures (15-17) 7:00-9:00, and Rovers (18-26) TBA. Registration at Scouts.ca or Sept. 14 at the church. Contact Glenn Harrison 204-475-9826, Gord Bergen 204-294-5224 or Kim Thorsteinsson 204-256-7330.

EVENTS AT LRCC

MOVIE NIGHTS

Evenings for the whole family—children of all ages welcome (adult accompaniment required for children under 6).

See our website or Facebook page for upcoming dates and titles.

Volunteers required, too!



PRE-TEEN DANCES

For youth in grades 1 to 6, with age-appropriate music – come on out for a fun and safe time! See our website or Facebook page for upcoming dates and themes. Volunteers required, too! Stay tuned for further events – keep an eye on the Centre website (www.lordrobertscc.ca), Facebook group (facebook.com/LordRobertsCC), the sign out front, and the South Osborne Bugle e-newsletter (riverviewcc.ca/south-osborne-bugle).

hello

WE ARE NEW

to the

NEIGHBOURHOOD



is now



“THE MORE THINGS CHANGE, THE MORE THEY STAY THE SAME”



Baltimore Insurance has been your neighborhood brokerage since 1967. Located just four doors north of the old Park Theatre, our history as a locally-run and family business has always kept us closely involved with the community we live in. We've spent many fond years residing in South Osborne and providing important community contributions such as the yearly grant we present to the Churchill High School Valedictorian.

As lengthy as our past in the neighborhood has been, change is an inevitable part of growth. This spring, a family-run brokerage out of Saskatchewan approached us wanting to procure our business. The similarities between our history and our values to support the communities we serve made us comfortable and confident that our customers would be in good hands under the new ownership. Knight Archer Insurance Brokers has been in business

since 1981 and has locations across Saskatchewan and now in Winnipeg!

Knight Archer will be re-facing our existing location in the fall of 2015 and extending our current service offerings. In addition to home and auto insurance, customers will now be able to purchase commercial, agro, travel and life insurance. Knight Archer also is a licensed mortgage brokerage and group benefits provider.

Our same, friendly staff will remain as part of the Knight Archer team and will be available to service their existing customers. This change is an exciting chapter in our history and we are pleased to be able to provide a full range of insurance services to our local residents! Come down and visit us at this year's South Osborne Street Festival and say hello—we can't wait to meet everyone!

688 Osborne Street Winnipeg, MB R3L 2B9
Phone: 204-284-2671
Fax: 204-453-8325
Mon-Fri 9-5:30 | Sat* 10-1 | Sun Closed
**Special Note: Saturdays in July –Aug are closed*