

Lord Roberts Community Centre

Home of the Terriers since 1934

WINTER ISSUE NOVEMBER 2010

Upcoming events (for details, see pages 3 & 4):



Pre-teen Dance!

Breakfast with Santa!





Jewellery Party Fundraiser

Movie Night





Valentine's Pre-teen Dance

Programs (details on pages 5 & 7):

Get in shape join our Boot Camp, Tai Chi, or Taekwondo classes!

work on your moves in Dance class!

In this issue

Events

Pre-teen Dances Jewellery Party Fundraiser Breakfast with Santa Movie Night

Activities & Resources at LRCC
Adult Basketball
Parents & Tots Playgroup
C.O.P.P.
Bike Hub
Healthy Baby

Programs at LRCC Boot Camp Tai Chi Dance Taekwondo

Calendar

Winter Program Registration

Thank you to ...
The Children's Museum
The Community!

Other

Advertising
Hall rentals
LR School 100th
Anniversary
Churchill Sch. Clothes
Drive

LRCC general opening hours: Mondays: 6:15 to 11:00 PM, Tuesday to Thursday: 6:15 to 9:15 PM

Dear Lord Roberts Community residents,

Hopefully, everyone is taking time to enjoy another warm fall season! The community centre is once again open for its fall programming and continues to host many year-round programs as well, so please come out and join in.

With fall's arrival, time commitments of some Board members have changed and as such, volunteer help is required by the Board to fill two newly vacant positions until the AGM in March of 2011. The House & Grounds Manager and the VP/Human Resources Manager are two important roles that the Board cannot be without as both positions supervise staff working for the community centre. Both roles can be considered by teams of volunteers (forming a committee) that would be represented by one individual and holding one vote at meetings of the Board. Anyone interested is urged to contact the community centre or a current Board member for further details.

The Board will soon be looking for new members to form the 2011-2012 Board at the upcoming AGM. On that note, we will soon need a new Treasurer, as our current Treasurer's family will be growing in the springtime. It would be ideal to have a candidate come forward now who could benefit from first-hand training, as this will not be available as readily after the AGM. It should be noted that a paid Bookkeeper is now supporting this very important role, so that the demanding work load is more fairly distributed for a volunteer Treasurer. If you have been thinking about joining, now is the time to attend meetings to find out what it is the Board does and how it all works. Please join us for meetings on the second Tuesday of each month at the community centre at 6:30pm, in the Boardroom. Members of the public are always welcome.

Sincerely,

LRCC Board of Directors

BOARD OF DIRECTORS

Christelle Graham ~ President

Bob Suggitt ~ Past President/Hockey Co-Convenor

Jaret Olford ~ 1st VP & Equipment Manager

(vacant) $\sim 2^{nd} VP \& HR Manager$

David Woods ~ 3rd VP & Comm. Manager

Jennefer Larsen ~ Treasurer

Kim Thorsteinsson ~ Secretary

Robin Clark ~ Special Events Coordinator

Josie Pope ~ Canteen Manager

Adam Dooley ~ Soccer Convener

(vacant) ~ House and Grounds Manager

David Bailey ~ Hockey co-Covenor

Leslie Thorley ~ Program Coordinator

Susan Shinkarik ~ Member-at-large

Arlene Serban ~ Member-at-large

An opportunity for you to contribute!

This could

be vou!

CANTEEN

Our canteen will be operating Monday to Thursday evenings, and weekend when the ice is in. However, these times are dependent upon having volunteers to fill these 2-hour time slots. If you or anyone you know has a couple of hours to volunteer, please contact the Club! We also accept High School students who need to obtain their volunteer credit.

Support your community

Give your time!

VOLUNTEERING

Volunteers make things happen.

Every bit of time contributed counts to make LRCC programs successful!!

Help out as little or as much as you can.

Volunteers are needed for:

Canteen, Special Events, Coaching, Pre-Teen Dances, Movie Nights, and various other events. Please contact the centre for more information or to volunteer.

COMMUNITY CENTRE EVENTS

PRE-TEEN DANCE

Featuring **current** dance music & **light show**, pre-teen dances are a **blast**!

Admission is only \$2.00

The next dance is Friday, November 12th, from 7:00 to 9:00 PM



JEWELLERY PARTY FUNDRAISER!

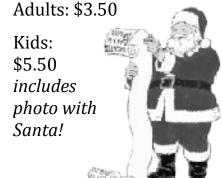
Come join us Friday November 19th, 7 to 9 PM! See new **silver jewellery designs**, get ahead on your **Christmas shopping**, and support your community centre. For a sneak peek, take a look at

http://mysilpada.ca/diane.barr/



Saturday, December 4th, 9:30 to 11:30 AM.

Enjoy pancakes, sausages & drink!



Parents: Movie Nights and Dances are family nights – please **come out** with your children and help supervise the events, especially if they're younger.



Helping to heal the minds & bodies of the community since 2006

Come and find your link to a healthier you www.hamiltonhealing.com

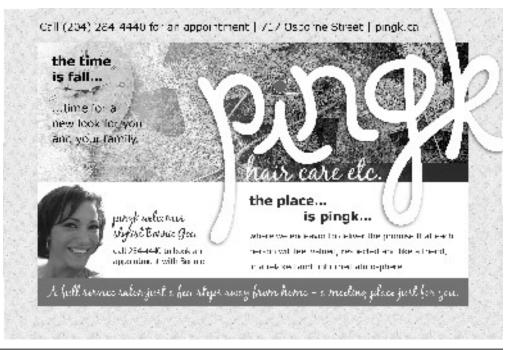
REMEDIAL MASSAGE THERAPY REIKI & BIO-ENERGY THERAPY

721 OSBORNE

STUFF TO GIVE

Several sheets of 12' drywall. **First-come, first-served.**





Winter 2010/2011

MOVIE NIGHT

L.R.C.C. IS HOSTING ANOTHER



MOVIE NIGHT!

See **one** movie, or **stay for both**!!

Friday, January 14th

Show times: 6:00 & 8:00 PM (Seating begins at 5:30 & 7:45 PM)

Titles to be announced

Popcorn & drink: \$3.00 Hot dog, popcorn & drink:\$5.00

other canteen snacks also available.

Deck your halls 🍨

Christmas Tree & Wreath Sale

Reserve your Christmas Trees and Wreaths now for a hassle free Christmas!

FREE DELIVERY – Trees/Wreaths are delivered to a person's home on December 4, \$5 delivery charge outside of Riverview/Lord Roberts area.

The trees are a premium #1 sheared balsam, a traditional Christmas tree with a straight trunk and good needle retention. Prices are \$45 for 6-7' trees, and \$50 for 7-8' trees.

The wreaths are Manitoba made, with Fraser Fir and a touch of White Pine, built on a 12" steel rim - \$25.



Call Alex @ 284-7834 to order before November 26th.

A South Osborne Nursery School Fundraiser.

VALENTINE'S PRE-TEEN DANCE



Come and dance cheek-to-cheek with your sweetie!

Friday, February 11th, 2011 – 7 to 9 PM

Admission is only \$2.00



DROP-IN ACTIVITIES AND RESOURCES AT L.R.C.C.

ADULT BASKETBALL

Drop in to shoot a few hoops Monday evenings between 9:00 and 11:00 PM, starting September 13th. **\$1 drop-in fee.**

PARENTS &TOTS PLAYGROUP

Come one, come all, it's free!

LRCC playgroup is open, at no charge, to preschool, nursery, and kindergarten children, and their parents or caregivers. It includes playtime, a shared snack, craft time, and **lots and lots of fun**.

Playgroup now runs three times a week!

Hours are:

Monday & Wednesday, 9:15am to 11:15am Friday 1:15pm to 3:15pm

For more information, please contact Lynn at 475-4092 or e-mail Imbillard@gmail.com.

C.O.P.P.



We can be the **Eyes and Ears** of our community, and keep our **neighbourhood safe!**

Join the Lord Roberts Citizens On Patrol Program, or educate yourself by subscribing to our e-newsletter.

We are also asking Lord Roberts Residents to let us know by of any incident reports filed with the police.

For information contact us at: lordrobertscopp@gmail.com or call 226-8547.

SOUTH OSBORNE BIKE HUB

The Bike Hub is wrapping up after a successful summer of biking, learning and fixin'. We would love to thank all of our volunteers:



Chris Yorke Chris Schack Nikki Dobchuk Marcia Geary Ruth Lysecki John Koopharder Matt Lawrence Tim Goodman Janine St. Cyr Jaret Olford

While the Hub has closed for regular hours, the shop a public health nurse and/or dietitian. is still available to members of the community by appointment. To book a time to access the workshop, Drop in Tuesdays, 9:45 to 11:45 AM. look for parts, join our mailing list, or make a donation For more information, please call 947-2422, ext. 113. please contact us at **sobikehub@gmail.com**

Not bike savvy? No problem, we are also looking for volunteers to help with events, marketing, etc.

HEALTHY BABY

Offered through Families Connecting, a Healthy Baby Community Support Program designed to assist soonto-be and new parents to **connect** with health service providers and other parents with children in their communities. **Activities include** speakers, cooking, child development, parenting programs and more; outreach support, healthy snacks, bus tickets, milk coupons (during pregnancy & up to 6 months postpartum), and free child-care are offered while you attend, as well as the opportunity to connect with

PROGRAMS (more on page 7)

BOOT CAMP

Join us for Boot Camp on Mondays, Wednesdays, and Fridays, 5:30 – 6:30 PM.

Upcoming sessions:

- November 22nd December 17th
- January 10th February 4th

Fees: \$130 for the session or \$12 to drop in on a class

Program instructor Dean Lytle.

CONTACT THE CLUB AND REGISTER NOW!!

TAI CHI

Come and try out LRCC's newest offering: Tai Chi, practised around the world for its health benefits, both to body and mind. Classes will be lead by instructor Danzhu Mowat.

The existing session is running Thursdays until December 16th; next session will run Tuesdays, January 11th to March 8th, 2011. Time slots:

- 10:00 to 11:30 AM
- 1:30 to 3:00 PM
- 6:30 to 8:00 PM

Fees are \$145 for the 9-week session, or \$10 drop-in.

Please contact LRCC to register!

Want to work out hard and get into better shape? COME OUT AND JOIN THE BOOT CAMP! Support charity at the same time!

Your Neighbourhood Insurance Office



Homeowners Tenants Commercial Travel **Driver Licensing and Photos**

MON - FRI 9:00 - 5:30 pm10:00 - 1:00 p.m. SAT

Barbara Gerrie 688 Osborne St. 284-2671

broker@baltimoreinsurance.ca





November 2010



at Lord Roberts Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Parent & tot Adult Basketball	2 Healthy Baby <i>Taekwondo</i>	3 Parent & tot <i>Dance</i>	4 Tai Chi Taekwondo	5 Parent & tot	6
7	8 Parent & tot Adult Basketball	9 Healthy Baby <i>Taekwondo</i>	10 Parent & tot Dance	11 Remembrance day Centre closed	Parent & tot Pre-teen Dance - 7 PM	13
14	15 Parent & tot Adult Basketball	16 Healthy Baby <i>Taekwondo</i>	17 Parent & tot <i>Dance</i>	18 Tai Chi Taekwondo	19 Parent & tot Jewelry Party 7 PM	20
21	22 Parent & tot <i>Boot Camp</i> Adult Basketball	23 Healthy Baby <i>Taekwondo</i>	24 Parent & tot Boot Camp Dance	25 Tai Chi Taekwondo	26 Parent & tot <i>Boot Camp</i>	27
28	29 Parent & tot Boot Camp Adult Basketball	30 Healthy Baby Taekwondo	General opening hours: Mondays: 6:15 to 11:00 PM Tuesday to Thursday: 6:15 to 9:15 PM Saturdays & Sundays: 1 to 5 PM when the ice is in			

December 2010



at Lord Roberts Community Centre

			V			
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
Items in italics: pre-registration is available			1 Parent & tot Boot Camp Dance	2 Tai Chi Taekwondo	3 Parent & tot Boot Camp	4
5	6 Parent & tot Boot Camp Adult Basketball	7 Healthy Baby <i>Taekwondo</i>	8 Parent & tot Boot Camp Dance	9 Tai Chi Taekwondo	10 Parent & tot Boot Camp	11
12	13 Parent & tot Boot Camp Adult Basketball	14 Healthy Baby <i>Taekwondo</i>	15 Parent & tot Boot Camp	16 Tai Chi Taekwondo	17 Parent & tot Boot Camp	18
19	20 Parent & tot Adult Basketball	21 Healthy Baby	22 Parent & tot	23	24 Christmas eve Centre closed	24 Merry Christmas! Centre closed
Boxing day Centre closed	27 Adult Basketball	28	29	30	31 New Year's eve Centre closed	January 1st Happy New Year! Centre closed

January 2011



at Lord Roberts Community Centre

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
2	3 Adult Basketball	4 Taekwondo	5 Parent & tot	6 Taekwondo	7 Parent & tot	Registration
Centre closed			starts	Registration 7 to 8:30 PM		1 to 4 PM
9	10 Parent & tot Boot Camp starts	11 Healthy Baby, Tai Chi start Taekwondo	12 Parent & tot Boot Camp	13 Taekwondo	14 Parent & tot Boot Camp Movie – 6 PM	Dance starts
16	17 Parent & tot Boot Camp Adult Basketball	18 Tai Chi Healthy Baby Taekwondo	19 Parent & tot Boot Camp	20 Tai Chi Taekwondo	21 Parent & tot Boot Camp	22 Dance
23	24 Parent & tot Boot Camp Adult Basketball	25 Tai Chi Healthy Baby Taekwondo	26 Parent & tot Boot Camp	27 Tai Chi Taekwondo	28 Parent & tot Boot Camp	29 Dance
30	31 Parent & tot Boot Camp Adult Basketball	Monda Tuesd	pening hours: ays: 6:15 to 11:00 ay to Thursday: 6 rdays & Sunday:	5:15 to 9:15 PM	PM when the ice	e is in

PROGRAMS

(continued from page 5)

DANCE

Taught by dance instructor Miss Hillary Kidd. Offered on Wednesdays until December 8th (inclusive). **January 15th to April 30th, we will be offering dance on Saturdays!**

	Wed. Schedule (Nov-Dec 2010)	Sat. Schedule (Jan. 2011)	registration (full session)	drop-in (one evening)
Creative Movement	4:45 to 5:45 PM	10 to 11 AM	ф6 Е	\$5.00
Ballet	5:45 to 6:45 PM	11 AM to noon	- \$65	
Tap (optional)	6:45 to 7:15 PM	12 to 12:30 PM	add \$35	add \$2.50

Please contact LRCC to register.

TAEKWONDO

Build strength, flexibility, and discipline through the art of Taekwando.

Following the World Taekwondo Federation standards, used in the Olympics as well as national competitions, Master Todd Armstrong invites everyone from age 8 on up to attend training classes in Taekwondo and self-defence of varying methods and levels.

This club emphasizes respect for parents, teachers, and the community. The masters and instructors believe that families and education are very important, supporting the position that school work comes first.

Classes are held on Tuesdays & Thursdays, 7 to 9 PM.

Call Master Todd Armstrong at 475-6430 for information and registration.

WINTER REGISTRATION

Interested participants are encouraged to drop by the centre to register for Winter 2011 (January+) sessions of **Tai Chi**, **Dance**, or **Boot Camp** either:

- Thursday, January 6th, from 7:00 to 8:30 PM, or
- Saturday, January 8th, from 2:00 to 4:00 PM

Registrations are also accepted during regular opening hours, any day before the program starts.

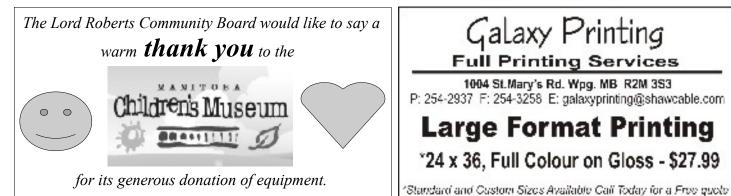
Register and save (drop-ins are also accepted)

SUBSIDIES

Low income families can apply for support towards registration fees. Requirements (at time of registration):

- a parental contribution towards fees (subsidies do not cover the full cost).
- Revenue Canada 2009 Notice of Assessment form (for both parents in two-parent families)

Note: a photocopier is available at the centre for copying these documents







THANK YOU, LORD ROBERTS COMMUNITY!!

Our 76th Anniversary Celebration / Fundraiser was a hit!!

We raised over \$2700 dollars that will be put back into the club for Special Events, Projects and Programming.

We could not have done it without the help of our Volunteers,

Friends, Board Members, and You, The Community!



A special thanks to all who contributed and donated prizes to our silent auction:

BMC Market-Esencia Latina Ft Whyte Centre Aviation Museum Osborne Florists Doolev Communications McDonald's Chicken Producers Academy Lanes Canadian Blood Services Jennefer Larsen Luxalune Gastropub Ft. Rouge Dental Rikke McFeetors Nerman's Books & Collectibles MB Children's Museum Christelle & Michael Graham Laura & Todd Norris Old Dutch Manitoba Museum Cora's Breakfst & Lunch

Jenny Gerbasi, City Councillor

Banana Boat
Blair & the Dust Rhinos
Coke Bottling
Baltimore Insurance
Games Knight
Let's Face it (Mary Swain)
Focus Chiropractic
Angie Johnston
Kim Thorsteinsson
Diane McGifford, MLA
Jaret Olford
David & Genevieve Woods
Carol Lee-Avon
Turkey Producers
Bistro 71/4

Atlas Pawn
Jason Shinkarik
Anita Neville, MP
7-Eleven
Curve 94
Royal Bank
Safeway
YMCA
Champa Bistro
Josie Pope
Arlene Serban
Dave Bailey
Blockbuster video
Cinthya Clark
Stacy

LRCC Special Events Robin Clark Susan Shinkarik





ADVERTISING

QUESTION: Have you been wondering how you can put your message in front of the entire Lord Roberts neighbourhood and support our very active community centre at the same time?

ANSWER: ADVERTISE WITH LRCC!

Published 4 times a year, the LRCC newsletter reaches every home in our area, with important information about community activities, sports registration and many eagerly anticipated seasonal events.

The LRCC newsletter is **well read** and is usually kept around in homes as a community calendar and reference for months.

Please don't hesitate to contact the centre for details, or to book space in the next newsletter!

HALL RENTALS

Planning a **Social**?

Birthday, retirement, or anniversary **party**? Bridal or baby **shower**? Meeting, conference, presentation?

or any other special event?

LRCC is **the place** to have it!

- ~ Hall holds 233 people ~
- ~ Social evening rental fee \$700 ~
- ~ Events without alcohol are \$40/hour Contact the centre for more information or to book your event now!



Ask us about donating platelets.

Canadian Blood Service invites you to learn your platelet count and become a blood donor. The need for blood and platelets is constant; platelets have a shelf life of only 5 days! If you can help us save lives, please visit the Winnipeg Centre Automated Donations Clinic at 777 William Avenue (across from Health Sciences Centre).

You must be 17 years old or older to give blood; please tell our staff where you saw this ad.

l'anadian Binnd Services

1.888 2.00NATE

Councillor Jenny Gerbasi Fort Rouge-East Fort Garry

510 Main Street

Winnipeg Manitoba R3B 1B9

Tel: 204-986-5878 Fax: 204-986-5636

igerbasi@winnipeg.ca www.jennygerbasi.ca



Churchill high School - Call for Clothes

Do you have any old, gently used clothes that you don't wear anymore? Are you bored with the clothes you now own? Or maybe you are interested in recycling clothing? Then you would be interested in Churchill High School's **clothing drive**. Sponsored by the students in UNESCO, CHS is currently collecting clean, gently used clothing from now until November 5th. On November 6th, the group will host a free clothing giveaway from 10 AM to 3 PM at the school. If you have any items to donate, please drop them off at the office, Monday to Friday, from 8 AM to 4:30 PM, or call us at 474-1301.







LR's 100th Anniversary Reunion

Did you know that Lord Roberts School will be 100 years old come 2011? It's true! To celebrate we are having a 100th year anniversary celebration, to which all alumni are invited.

We are in the initial planning stage now. Part of this stage involves getting "the word" out to all those who are, or have ever been students or staff of Lord Roberts School.

We need to get an idea of how many people will be attending. On our website http:/blogs.wsd1.org/lordroberts1/ you will find a registration form.

A Facebook group has been set up to co-ordinate the organization of this reunion. Feel free to browse this internet facility – http://www.facebook.com/topic.php?uid=18879266840&topic=14161

Spread the word! We look forward to making this a big, and exciting event for all attendees!



*Light Up the Neighbourhood! The third annual BIZ Christmas Tree lighting in Elva Fletcher Park Sunday, Nov. 21" from 4:00 p.m. to 5:30 p.m. Hot Chocolate; donut; and Santa

Enter our December Web Draw at: www.osbornesouth.biz

Roger Burns Sales Representative CENTURY 21 Bachman & Associates 360 MeMillan Avenue Winnipeg, MB R3L 0NZ

Main: 204-463-7663 Cel. 1-204-386-8311 Tall Frac: 1-866-750-2253



Lord Roberts Neighbours,

2010 continues to bring customers a healthy real estate market; good supply and good demand. Coming into the Fall of 2010 you can expect buyers to be keen and anxious to get a house yet there will not be as many buyers as seen in the 2010 Spring.

If you are a prospective house seller, you will still see the same prices as in past years. If you are a house buyer, you will get to see more homes, with less competition in certain price ranges.

The Lord Roberts area has seen # as es year to date compared to ≠ in 2009. Interest rates continue to be fabulous **A \$100,000**. morigage at 5% over 25 year payment is just \$584.59!

Lord Roberts Residential Sales Activity

2009 Jan 1 - Oct 1; 42 Sales Ranged \$55,000 to \$320,000 first 2009 sale Jan 28th

2010 Jan 1 - Oct 1; 56 Sales Ranged \$83,000 to \$296,500 first 2010 sale Jan 11th

2010 Oct 7 there are 3 homes in Lord Roberts for sale

2010 Sept 1st to Oct 1st there were 4 sales; \$144,900 to \$204,685

A growing frend across North America and very visible in Lord Roberts are "In Hill" homes. Where a brand new home is built on the site of arrexisting home. Typically, these homes will range in value from \$250,000 to \$340,000. The City of Winnipeg provides occupants at significant fax rebate (see my web site or call me).

Not to be overlooked is the arrival of the racid transit corridor along Argue. The Lord Roberts community will and already has empyed some sign ficant housing demand increases due to this terrific transport route (see my website or call for PDF).

All in all Lord Roberts continues to thrive. Support your Community Club.

Call for a Free Evaluation! vial www.roger-burns.com



www.523Ratinger.com

(A) Linear Administration (Internation), network of the property of the profit of



www.716Rosedale.com

Regiter/Owner Partner 468 7653

823 Rathgar is new build and under \$250,000! 716 Rosedale is incredible, 4BR, 4 Balli! \$319,900.



her from of this commonious formities at analysis powers yould an utilities and looker solelistics to one one second 725 Kylemore Ave.

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